


# Ocean Scene

November 2005

*Life with a coastal point of view*

Magazine



*The passion of*  
**POLO**

# *Ocean Scene* Goes Glossy!

**A**hh, November is my favorite month! Yes, my birthday is in November and I also celebrate my little son's, Christophe, birthday in November. Throughout my years, many great and special things have always blessed my life in November. I guess then it is fitting for our publication to make the switch to glossy paper this month.

I hope this November issue of *Ocean Scene* brings us all some special community joy.

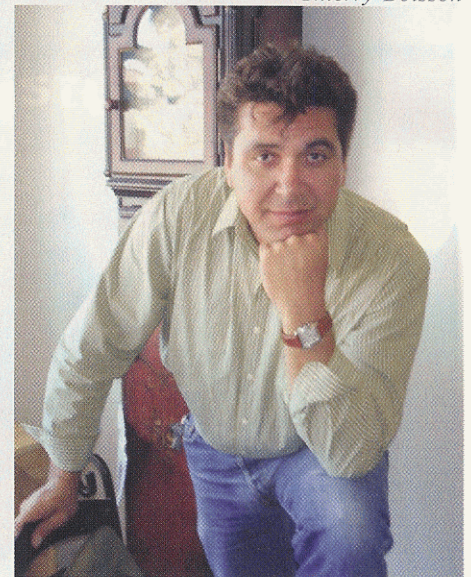
This month's *Ocean Scene* will profile the polo grounds at Will Rogers

Park. We must all remember and encourage each other to visit and enjoy this wonderful place. These grounds are a special place for so many skilled horses and polo players. But for a small entrance fee, all of us, even Westsiders that are not polo fans, can enjoy some quiet and relaxing times throughout this great peaceful park. When it's time to get a loved one away from the 405 freeway and the latest CNN breaking news, remember *Ocean Scene* says: head to Will Rogers Park.

Our distribution guru, Frederick, is introducing Manhattan and Hermosa

beach to *Ocean Scene* this month with some new pick-up locations. As Frederick connects us with our South Bay friends, we plan to have some exciting South Bay news and activities for all of us to enjoy in the coming months.

Now *Ocean Scene* is avail-



Thierry Boisson

able from Redondo Beach to Trancas Beach in Malibu. We once again invite everyone to continue to enjoy our fresh new publication. We also invite all of our neighborhood businesses and encourage all of our "movers and shakers" to call us and use *Ocean Scene* to advertise and share knowledge about all the great things we have available to us in our incredible community.

Happy and safe Thanksgiving!

Sincerely,  
Thierry Boisson  
Publisher

## OceanScene

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# Flamenco Heats Up Santa Monica

by Maryjo Faith Morgan

**G**et ready, Santa Monica, it's about to get HOT! Celina Zambon is heating things up on the Westside.

This passionate flamenco dancer originally from Argentina is putting 100 percent of her boundless energy into establishing Santa Monica's reputation as the place to be for Flamenco. As both a charismatic performer and an instructor, she shares culture and art through the rhythms of a folkloric dance deeply rooted in music.

To Zambon, dancing is everything. "To truly dance, the performer has to open up the heart and share what is inside." When that happens, Flamenco transcends motion and becomes a dynamic experience for dancer and audience alike. Zambon, a seasoned actress in her own right, with credits in television, foreign film and theater, says that dance is a way of living, the only way she knows. "Dance gives timing to your life. It opens your chacras to life."

Flamenco isn't just the fabulous colors of flowing fabric and fringe in motion, it's sexy and sensual. The sensuality of the dance comes from a mindset only women can impart. Zambon explains: "I teach my students to connect their ovaries to mother earth, to the ground. In Flamenco the motion is to the ground, the opposite of jumping. In Flamenco you don't move your hips, you go to the ground, stay connected to the ground. When you are onstage you are moving your feet but you keep this connection. Your pelvis is forward — you don't need to move anything, perhaps just a hand. Less is more. In dance, in acting, in make-up, in life — less. *Less is more.*"

She admits that personally, she uses Flamenco as an excuse to connect people with music. In fact, her goal is to connect people not only with the music, but to connect with themselves.

In the process, the dancers do, deep down to their souls. When they look in the mirror, into their own eyes, they *like* who they see.

It is transforming. "When they connect with themselves, they look beautiful. The women become so hot. So cute. Their boyfriends and husbands love it!"

Technique is only one component of the Flamenco, and according to Zambon, anyone can dance.



Celina Zambon

"To experience dance is to live," she quips.

Most of her students have never danced before, not at all, let alone something as sensual and powerful as Flamenco. Zambon concedes that if you think you can't do it, you won't. But if you give yourself permission to try, the results come in a few short weeks. Take the 50- and 60-year-old women in the first class she taught in this country. "They said they loved Flamenco but had two left feet. I told them to let me work with them, come once a week, and have fun. We worked on everything separately, one thing at a time; feet, hands, head, torso. And when they got it, they *got* it! I am teaching them to say yes to life."

She says that in three short years her students in Santa Monica have advanced

enough that onstage, executing turns and synchronized movements, they have the appearance of a professional dance company. "In our productions we do it all. The costumes, great musicians, the shoes."

Yes, the shoes. Unique to flamenco, nails in the heel and in the point enhance the beat. The dancer becomes one more musician, a percussionist whose feet drum out the rhythm and whose whole body feels the beat.

Zambon acknowledges that life is busy and we all have our problems, but assures prospective students that their families will become accustomed to them setting that time aside each week for lessons.

"This is something for you. Women forget to take the time for themselves. My happiness is to see people take training. Start at *any* age. Work in front of the mirror, work on breathing correctly."

She says that students enjoy improvements in their lives in general, at work and at home. They practice hard. But they benefit through weight loss, improved posture and a more elastic body. All from dancing. The deep sense of accomplishment and happiness that comes through dancing changes their lives. Zambon is very proud of her students, and is amazed at how fast they have progressed. She intends to see that they have a professional venue in which to perform for the public. Ultimately, Zambon wants Santa Monica to experience Flamenco, zealously embrace it... and bask in its heat.



See Celina Zambon and company dance November 20, at The Celebrity Center International, 5930 Franklin Ave., Hollywood. For tickets call 310-625-1715. For more information visit her website:

[www.celinazambon.com.ar](http://www.celinazambon.com.ar)